

CONSENSUS BUILDING WORKSHOP

WHAT YOU WILL NEED:

1. 4X 5 index cards
2. Black markers

TIME ALLOTMENT: 1.5 hour

BACKGROUND OF CONSENSUS WORKSHOP METHOD:

The Consensus Workshop Method is a technique to come to consensus in a relatively short period of time through a collective integrated thinking process. When consensus is reached, all participant's ideas, insights, perspectives, and wisdom have been honored and the consensus includes their ideas. The workshop creates forward movement for the group to reach a conclusion/decision.

PURPOSE OF EXERCISE:

- Experience a consensus based facilitation method
- Develop a sense of ownership and establish a framework in working from various organization/agency/stakeholder perspectives
- Create a common/shared understanding of the intersections of "transportation & health" related aspects in a healthy community
- Utilize the consensus based results as a reference in subsequent workshop activities to support transportation and health planning processes and local planning efforts

DIRECTIONS:

You will follow the instructions of the facilitator for this exercise. You will begin by brainstorming individually on the questions posed by the facilitator. Then you will work in groups to reach consensus around these questions. There are many steps to the consensus workshop so you are encouraged to pay close attention and remember the ground rules at all times.

GROUND RULES

1. *Everyone has wisdom*
2. *We need everyone's wisdom for the wisest result*
3. *There are no wrong answers*
4. *The whole is greater than the sum of its parts (Synergy)*
5. *Everyone will have the opportunity to hear and be heard*

RESULTS

Your groups' work will be documented and provided to you for your use throughout the remainder of the workshop. The process will result in a consensus based response to the focus question.